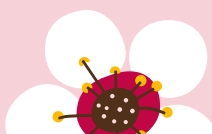


STEP-BY-STEP INSTRUCTIONS AND FULL-SCALE PATTERNS

Felt French Macarons

This FREE felt food tutorial from sweetemmajean.com contains everything you need to know to make a pretty set of colorful felt macaron cookies!

- ▶ Materials list
- ▶ Full-scale templates
- ▶ Template layouts
- ▶ Illustrated step-by-step Instructions



sweet emma jean

www.sweetemmajean.com

FREE Felt Food Pattern



sweet emma jean

Original design and pattern by sweet emma jean
For other patterns and over 100 gorgeous colors of wool felt, visit our Etsy shop:
www.etsy.com/shop/sweetemmajean

FRENCH MACARON COOKIES

To complete the projects in this booklet as pictured you will need:

Wool Blend Felt (see color chart below)
Stiff Felt (preferably white)
Cotton Embroidery Floss (see color chart below)
Cotton, Wool or Polyester Fiber Fill
Scissors (A rotary cutter, straight edge & mat are very helpful but not required)
Embroidery Needle



I prefer to use National Nonwovens bamboo, wool and wool blend felt for my projects. For best results, you should use it, too. This felt as well as premium quality stiffened white synthetic felt is available in my Etsy shop:

www.etsy.com/shop/sweetemmajean

I use DMC six-strand cotton embroidery floss which can be found at craft and needlework shops everywhere. I typically separate the floss into two, three or four strands before using it. Refer to each project for specific instructions. The floss is available in dozens of colors which you can match to the felt you use. For this set you will need the following colors of felt and floss:

COLOR	RECOMMENDED NATIONAL NONWOVENS COLOR	PROJECT(S) USED FOR	DMC FLOSS #
Light Green	"Pistachio Ice Cream"	Green Macaron Cookie	772
Dark Green	"Moss"	Green Macaron Filling	937
Pale Yellow	"Buttercup"	Yellow Macaron Cookie	3078
Bright Yellow	"Lemon" or "Banana Cream"	Yellow Macaron Filling	307
Pink	"Cotton Candy"	Pink Macaron Cookie	3716
Bright Pink	"Shocking Pink"	Pink Macaron Filling	3806
Light Purple	"Wisteria"	Purple Macaron Cookie	153
Maroon	"Grandma's Garnet"	Purple Macaron Filling	814
Pale Blue	"Robin's Egg"	Blue Macaron Cookie	157
Purple	"Grape Jelly"	Blue Macaron Filling	333
Light Orange	"Terracotta Mist"	Orange Macaron Cookie	676
Peach	"Native Maize"	Orange Macaron Filling	3825

www.sweetemmajean.com

French Macaron Cookies



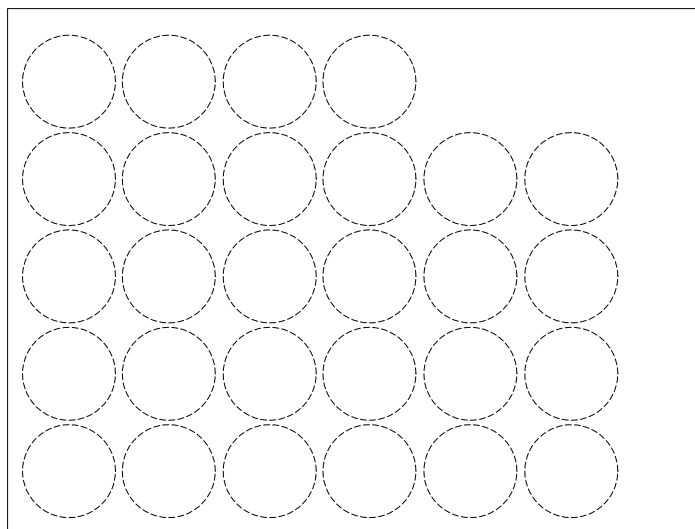
sweet emma jean

Suggested Layout of Full-scale Templates on Felt Sheets

This template layout will yield:

Eighteen French Macarons:

- (3) Pink
- (3) Orange
- (3) Yellow
- (3) Blue
- (3) Purple
- (3) Green



9x12 Stiff Felt (x2)

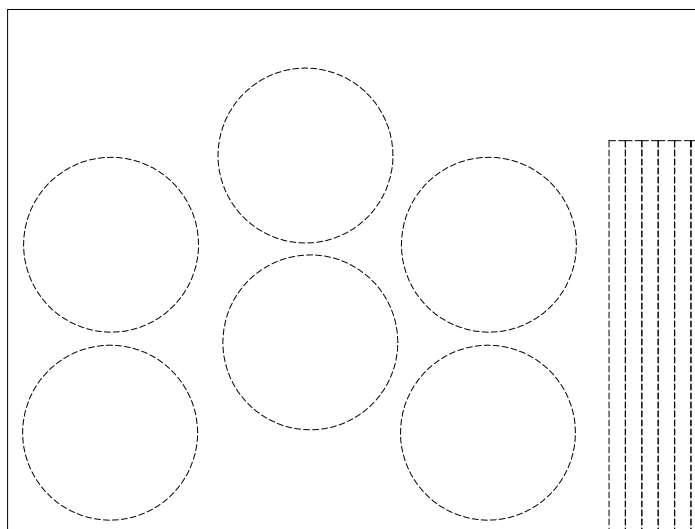
TEMPLATE LAYOUT TIPS:

1. I like to use an extra-fine rollerball pen to trace my patterns onto the felt. The best I've found is the "Uni-Ball Deluxe Micro".

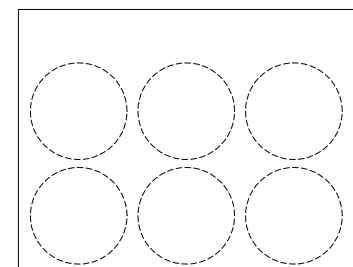
2. It is easier to trace the templates onto the felt if they are printed on card stock.

3. It's easier to trace all the pieces first, then cut them out.

4. A rotary cutter and straight edge are the best tools for cutting rectilinear pieces.



9x12 Cookie Color



4 1/2 x 6 Filling Color

French Macaron Cookies



sweet emma jean

Required Materials

To make the French Macarons you will need:

Colored Wool Blend Felt for the Filling and the Cookie Parts
Coordinating Embroidery Floss (separated into three strands)
Stiff Felt
Cotton, Wool or Polyester Fiber Fill

Instructions:

1. Cut out all the required pieces from the felt. See "Full Scale Templates" for pattern pieces.
2. Sandwich one "A2" piece between the two "A3" pieces. Using embroidery floss that matches the filling color, blanket stitch the edges of the filling together as shown in photo #1.
3. Using a needle threaded with floss that matches the cookie felt color, sew a running stitch along the perimeter of Piece "A1", about $\frac{1}{8}$ " in from the edge. Gently pull the thread so that the piece begins to form a cup shape as shown in photo #2. Stuff a small handful of fiber fill into the cup. Position a stiff felt circle (Piece "A2") on top of the fiber fill, tucked into the cup. Continue to pull the thread tight until the piece forms a smooth dome shape with a flattish bottom. Keeping the thread taut, make a few stitches to set the shape as shown in photo #3.
4. Again using a needle threaded with floss that matches the cookie felt color, sew a running stitch along the long edge of Piece "A4", about $\frac{1}{6}$ " in from the edge. Scrunch the felt into a ruffle about 4" long, then make a few stitches to set the length. As shown in photo #4, form the ruffle into a ring, with the stitched edge facing in and the ruffles facing out. The ring size should match the cookie you made in step 3. Stitch the ends together to set the shape. Using coordinating floss, stitch the ruffle ring to the bottom of the cookie as shown in photo #5.
5. Repeat steps 3 and 4 with the remaining pieces to make the other half of the cookie.
6. Sandwich the filling piece in between the two cookie pieces as shown in photo #6 and sew the three together with floss that matches the cookie color. I find it easier to sew the filling to one cookie piece first, then stitch the second cookie to that assembly. Do your best to keep your stitches hidden.

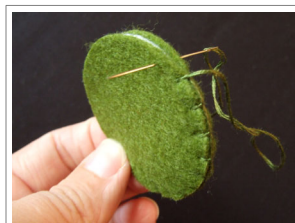


Photo #1



Photo #2



Photo #3



Photo #4



Photo #5



Photo #6

www.sweetemmajean.com

French Macaron Cookie Templates



sweet emma jean

For each cookie please cut:

